

***BROCCOLI SLAW SALAD WITH POPPY SEED DRESSING***

*(from The Bewitching Kitchen)*

*for the salad:*

3 cups greens of your choice

1 cup broccoli slaw

toasted slivered almonds

dried cranberries

*for the dressing:*

1 / 3 cup yogurt, full fat

water to thin yogurt (about 2 tablespoons)

1 tablespoon maple syrup

2 tsp apple cider vinegar

1 tsp whole grain mustard

1 tsp poppy seeds

salt to taste

Start by making the dressing, mixing all ingredients, and whisking well

Add the greens and broccoli slaw to a large serving bowl. Drizzle the dressing all over and gently mix to combine.

Top with almonds and dried cranberries, and serve, adjusting seasoning if needed.