HOISIN CHICKEN WITH CASHEWS

(inspired by Fine Cooking magazine & Barbara Tropp)

2 Tbs peanut oil
1 medium shallot, sliced
2 Piquillo peppers, sliced
1 lb. boneless, skinless chicken breasts, cut into 3/4-inch chunks and velveted
Salt and freshly ground black pepper
6 oz. snow peas, trimmed
Crushed red chile flakes
2 tsp. minced fresh ginger
1/3 cup hoisin sauce diluted with 2 Tbs water
1/3 cup roasted cashews

The day before or a few hours before your meal, velvet the chicken using this method. Heat 1 Tbs. of the oil in a wok over medium-high heat. Add the shallot slices and cook for 2 to 3 min. Add the Piquillo peppers (I buy them jarred) and cook until both the pepper and onion are browned around the edges. Remove the vegetables from the skillet; set aside. Pour the remaining 1 Tbs. oil in the skillet. Sprinkle the chicken with salt and pepper, add it to the oil, and cook, stirring frequently, so that all sides brown, 2 to 3 min. Stir in the snow peas and sprinkle in some red chile flakes. Add the ginger. Reduce the heat to medium low and stir in the thinned hoisin sauce. Simmer for 1 min. to wilt the snow peas and finish cooking the chicken. Sprinkle with the cashews and serve over rice.