CRISPY POTATO SALAD

(adapted from Donna Hay)

1 bag of baby spinach
3 small red potatoes, sliced very thin in a mandoline olive oil spray
1/2 cup grated Parmiggiano-reggiano cheese
2 Tbs sour cream
2 Tbs low fat yogurt
1 Tbs lemon juice
1 tsp extra virgin olive oil salt and pepper to taste



Prepare the potatoes...

Place the slices on a baking sheet, season with salt and pepper and spray them with olive oil. Place in a 420F oven until they get dark golden spots, turn them over and bake until crispy. Remove from the oven, allow them to cool slightly.

Prepare the dressing...

Mix the sour cream, yogurt, lemon juice, and olive oil in a small bowl. Season with salt and pepper.

Assemble the salad...

In a large serving bowl, mix the spinach with the potato slices and parmiggiano-cheese. Add the dressing right before serving.

(Recipe found at http://lisaiscooking.blogspot.com)